

LEVEL OF CARE CHART

INDEPENDENT	ASSISTED LIVING/SUPPORTIVE LIVING			SKILLED NURSING
0	1	2	3	4
Independent	Minimum Assist	Stand-By Assist	Hands-On Assist	Total Assist
Independent in an emergency; able to negotiate stairs in an emergency.	Able to respond in an emergency.	May need assistance in an emergency.	Needs assistance in an emergency.	Needs supervision in an emergency.
Able to accomplish all ADLs without intervention from staff or family <ul style="list-style-type: none"> • bathe, dress, groom • transfer and ambulate • toilet • eat and take medications • communicate 	Walks/transfers independently; infrequent falls – independent to verbal reminders. Independent with medications/doctors' appts. Continent bowel/bladder Independently bathes	Transfer/stand-by assist may be needed. ADLs – reminders to verbal cues. Medication mgmt. helpful. Occasional incontinence assistance. Bathing set-up helpful.	Transfer-one person assist usually needed. ADLs – verbal cues to hands-on assist. Medication management incontinence mgmt. Bathing assistance needed.	Transfer-mechanical lift/two-person transfer/bedfast. ADLs-hands-on assistance. Medication/behavior mgmt. Incontinence mgmt. Bathing assistance.
Meals/housekeeping assistance is helpful.	Meals/nutrition/house-keeping assistance is helpful	Meals/nutrition/house-keeping assistance is helpful.	Meals/nutrition/house-keeping assistance needed.	Verbal cues/hands-on assistance to eat.
Would benefit from socialization and activities-minor encouragement.	Able to independently plan social activities.	Reminders/encourage to participate in activities.	Encourage/escort to participate in activities.	Encourage/escort to activities or one-on-one visits.
Limited room service	Oriented to self/little memory impairment.	Mild memory impairment/sometimes disoriented.	Impaired memory/poor orientation/mild confusion	Needs 24-hour nursing supervision or skilled services-PT, OT, ST
Does not medically “need” to move.	Family “slightly concerned.”	Family “concerned.”	Family “very concerned and have to do something.”	Needs continuous assistance.

Guidelines are to be used to determine an appropriate residence based on needs and safety.

ADLs = Activities of Daily Living = ambulating (walking), bathing, continence, dressing, eating, transferring to or from a bed or wheel chair, and using toilet facilities.

